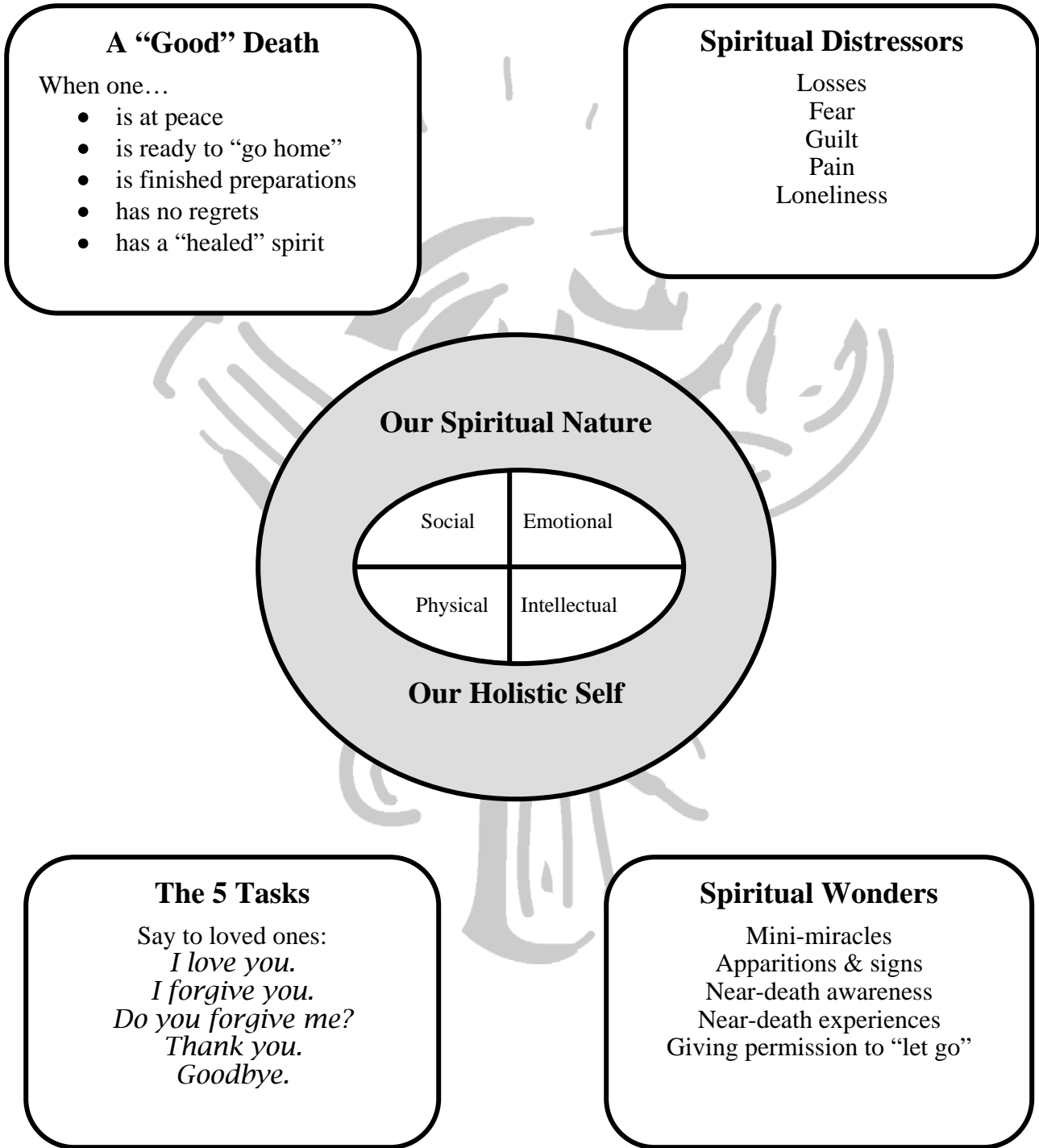




Spiritual Needs at End-of-Life

“When cure is not possible, care is ...”

Tips & Tools for teaching & ruling elders and spiritual care teams



Elders' Toolbox

Spiritual Reminiscence

- Encourage storytelling
- Let them know they will be remembered
- Remind them of their value
- Affirm legacy

Do NOT say...

- *You have to "hold up."*
- *Be strong.*
- *It's all in God's will.*
- *There must be a blessing in all this (suffering).*

Helpful Practices

Listen!

- Listen & respect.
- Listen & respond.
- Listen & share.
- Listen & encourage.
- Listen & refer.

Gifts of Self

- Show up!
- Agapé love
- Mercy & grace
- Develop trust
- Eye contact
- Sincere words
- Gentle touch
- Simple prayer
- Serving feet
- "Be" rather than "do"

Life After Death

- Explore their beliefs.
- How do they frame...
 - Heaven?
 - Paradise?
 - Eternal life?
 - Everlasting life?
- Do they welcome going to this place?
- Are they afraid?

Helpful Tools

- Prayer
- Readings
- Music
- Nature
- Ritual

*One can die healed.
We do not have to walk alone.
Goodbye = "God-be-wi'-ye."*

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